



SREE GOKULAM MEDICAL COLLEGE & RESEARCH FOUNDATION

(A UNIT OF FOUNDATION OF NON-RESIDENT INDIANS)

Recognized by National Medical Commission & Affiliated to KUHS
Accredited by NAAC & NABH



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Sub-Committee under the Drugs and Therapeutics Committee (DTC) for Monitoring of Prescription Practices.

Established in accordance with : National Medical Commission Post Graduate Medical Education Board (PGMEB) order No.N-P016 (11)2/2023-PGMEB-NMC, dated: 11.12.2025.
(In pursuance of the Order dated 27.08.2025 of the Hon'ble High Court of Punjab and Haryana in the matter of Yogesh vs. State of Haryana (CRM-M 30305-2024))

Date of establishment: 18-12-2025

Constitution of Sub-Committee

Chairperson : Prof. Dr Krishna G , Medical Superintendent

Member Secretary: Dr Ramani P.T, Professor & HOD- Pharmacology

Members:

Dr. Rajesh Vijayan , Deputy Medical Superintendent

Dr. Jarlin John, Medical Administrator

Dr Shobha P , Pharmacology

Dr Messaline Sunitha, Pharmacology

Dr Swetha Reba Mathews, Pharmacology

Dr. Arun B, Urology

Dr Anoop Paulose, Medical Gastro

Dr Thomas K Thomas, General surgery

Dr. Kumar V.K, Orthopaedics

Dr. Sanjay Zachariah, General Medicine

Dr. Neelima V Nair, Obstetrics and Gynecology

Dr. Swapna K Pillai, Paediatrics

Col. T.P. Baby (Retd), CNO

Dr Harsha Devi, Clinical Pharmacist

Dr Reshma Reji , Clinical Pharmacist

Ms. Remani Peethambaran, Administration Pharmacy

Ms. Biji ,Chief Pharmacist

Mr. Mohamed Arif, General Manager- Quality

Mr.Sreekumar, Medical Record Officer

Venjaramoodu P.O., Thiruvananthapuram, Kerala - 695 607

Phone : 0472-2815020, 0472-2815000

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Purpose:

1. To monitor prescriptions and ensure compliance with the statutory, regulatory, and ethical standards.
2. To ensure the NMC mandate as in the order cited , 'every physician should prescribe drugs with generic names legibly and preferably in capital letters, and he/she shall ensure rational prescription and use of drugs.'

Terms of Reference

1. The Subcommittee shall:

- a. Develop a structured plan for systematic appraisal of prescriptions to assess compliance with applicable Regulations and guidelines.
- b. Review and analyze prescription patterns, identify deviations, and recommend corrective measures for improving adherence.
- c. Ensure that the findings of each appraisal are recorded in the minutes of the DTC meetings.
- d. Make such records available to the National Medical Commission whenever called for.
- e. Ensure timely implementation of all recommended measures to enhance compliance of the above terms as directed by NMC.
- f. Mandate inclusion of "Importance of Legible and Clear Handwriting in Medical Prescriptions" in medical training of all batches of MBBS and Postgraduate students of SGMC & RF.

2. Validity and other requirements:

- Validity of the committee is for a period of five years
- The committee shall meet quarterly and as needed.
- Member Secretary shall chair the meeting in absence of Chairperson; in addition to whom, the complete quorum shall be constituted by 3 members; having at least one Pharmacologist being mandatorily present.



PRINCIPAL

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Thiruvananthapuram - 695