

Report on CME on the International Day of Persons with Disabilities 2025

The Department of Physical Medicine and Rehabilitation (PMR), Sree Gokulam Medical College and Research Foundation, organized a **half-day Continuing Medical Education (CME) programme on 3 December 2025** in observance of the **International Day of Persons with Disabilities (IDPD)**.

The CME aimed to enhance awareness regarding disability, rehabilitation, and the importance of a multidisciplinary approach in promoting inclusion and improving the quality of life of persons with disabilities. The programme brought together experts from various specialties who shared their perspectives on disability care in their respective fields.

The scientific sessions featured presentations by:

- **Dr. Sreekala V. K.**, Professor, Department of Physical Medicine and Rehabilitation.
- **Dr. Saji P. G.**, Professor and Head, Department of Psychiatry.
- **Dr. Megha Edwin Mathew**, Assistant Professor, Department of Ophthalmology.
- **Dr. Gopika Gopan**, Senior Resident, Department of ENT.

The sessions highlighted the multidisciplinary nature of disability management and emphasized the need for coordinated care involving various clinical specialties to improve functional outcomes and community participation for persons with disabilities.

The CME was chaired by **Dr. P. Chandramohan, Dean Emeritus**, whose guidance and encouragement added significance to the academic event. At the conclusion of the scientific sessions, **Dr. Dayananda Babu, Professor Emeritus, Department of General Surgery**, distributed certificates of appreciation to the speakers in recognition of their valuable contributions.

The programme witnessed enthusiastic participation, with approximately **30 faculty members** and **50 students** attending the CME. The interactive discussions and exchange of ideas enriched the learning experience for all participants and reinforced the importance of collaborative, patient-centred rehabilitation.

The CME concluded successfully, reaffirming the institution's commitment to promoting disability awareness, interdisciplinary learning, and comprehensive rehabilitation services in line with the spirit of the International Day of Persons with Disabilities.

