

# SREE GOKULAM MEDICAL COLLEGE & RESEARCH FOUNDATION

(A UNIT OF FOUNDATION OF NON-RESIDENT INDIANS)
Recognized by National Medical Commission & Affiliated to KUHS
Accredited by NAAC & NABH





# Sub-Committee under the Drugs and Therapeutics Committee (DTC) for Monitoring of Prescription Practices.

Established in accordance with: National Medical Commission Post Graduate Medical Education Board (PGMEB) order No.N-P016 (11)2/2023-PGMEB-NMC, dated: 11.12.2025. (In pursuance of the Order dated 27.08.2025 of the Hon'ble High Court of Punjab and Haryana in the matter of Yogesh vs. State of Haryana (CRM-M 30305-2024))

Date of establishment: 18-12-2025

**Constitution of Sub-Committee** 

Chairperson: Prof. Dr Krishna G, Medical Superintendent

Member Secretary: Dr Ramani P.T, Professor & HOD- Pharmacology

**Members:** 

Dr. Rajesh Vijayan, Deputy Medical Superintendent

Dr. Jarlin John, Medical Administrator

Dr Shobha P, Pharmacology

Dr Messaline Sunitha, Pharmacology

Dr Swetha Reba Mathews, Pharmacology

Dr. Arun B, Urology

Dr Anoop Paulose, Medical Gastro

Dr Thomas K Thomas, General surgery

Dr. Kumar V.K, Orthopaedics

Dr. Sanjay Zachariah, General Medicine

Dr. Neelima V Nair, Obstetrics and Gynecology

Dr. Swapna K Pillai, Paediatrics

Col. T.P. Baby (Retd), CNO

Dr Harsha Devi, Clinical Pharmacist

Dr Reshma Reji , Clinical Pharmacist

Ms. Remani Peethambaran, Administration Pharmacy

Ms. Biji ,Chief Pharmacist

Mr. Mohamed Arif, General Manager- Quality

Mr.Sreekumar, Medical Record Officer

## **Purpose:**

- To monitor prescriptions and ensure compliance with the statutory, regulatory, and ethical standards.
- 2. To ensure the NMC mandate as in the order cited, 'every physician should prescribe drugs with generic names legibly and preferably in capital letters, and he/she shall ensure rational prescription and use of drugs.'

#### **Terms of Reference**

#### 1. The Subcommittee shall:

- a. Develop a structured plan for systematic appraisal of prescriptions to assess compliance with applicable Regulations and guidelines.
- b. Review and analyze prescription patterns, identify deviations, and recommend corrective measures for improving adherence.
- c. Ensure that the findings of each appraisal are recorded in the minutes of the DTC meetings.
- d. Make such records available to the National Medical Commission whenever called for.
- e. Ensure timely implementation of all recommended measures to enhance compliance of the above terms as directed by NMC.
- f. Mandate inclusion of "Importance of Legible and Clear Handwriting in Medical Prescriptions" in medical training of all batches of MBBS and Postgraduate students of SGMC & RF.

## 2. Validity and other requirements:

TRIVANDRUM Pin: 69560

- Validity of the committee is for a period of five years
- The committee shall meet quarterly and as needed.
- Member Secretary shall chair the meeting in absence of Chairperson; in addition to whom, the complete quorum shall be constituted by 3 members; having at least one Pharmacologist being mandatorily present.

PRINCIPAL
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