

# GOKULAM PEDICON 2024

*10th Annual CME of Department of  
Paediatrics & Neonatology, Sree Gokulam  
Medical College and Research Foundation.*

17/03/2024

## OFFICIAL REPORT

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March 17th of 2024, saw the fruition of GOKULAM PEDICON, the 10th Annual CME of Department of Paediatrics & Neonatology, Sree Gokulam Medical College & Research Foundation. The event became yet another testament to the department's unassailable streak of medical conferences brimming with excellence. The purpose of the event stemmed from the unflinching need for betterment, where the clinical knowledge on relevant paediatric problems were to be updated by eminent academicians, enabling clinicians of day-to-day practice to polish their craft.



## **Abstract:**

The event was conducted on 17th March 2024 at the Theatre Hall, Level 3, Sree Gokulam Medical College from 8:30 AM to 4:00 PM. The highlight of the conference was indeed the Scientific Programme that witnessed eminent academicians and clinicians voice their interesting themes and ideas.

Helmed by an impressive organising committee in collaboration with IAP Thiruvananthapuram Branch, the event triumphed in a spectacular way beyond expectations. The programme would not have been the way it turned out if it wasn't for these outstanding contributors who put their blood, sweat and soul into concocting this success of a medical conference.

## **ORGANISING COMMITTEE:**

Programme Director:

- **Dr Shaji S. M.**, Professor & HOD, Paediatrics, SGMC & RF

Organising Chairperson:

- **Dr Lalitha Kailas**, Professor of Paediatrics, SGMC & RF

Organising Secretary

- **Dr Swapna K. Pillai**, Professor of Paediatrics, SGMC & RF

Media and Public Relation:

- **Dr Rekha S. Nair**, Professor of Paediatrics, SGMC & RF

Finance Co-ordinator:

- **Dr Jain J.**

<b>Scientific Programme Co-ordinators:</b>	
Dr Arun Edwin	Dr Akhila Naz
Dr Dhanya	Dr Neziya
Dr Razin	Dr Archa
Dr Aravind	Dr Swathy
Dr Syam Kumar	Dr Sajna
Dr Shakeel	Dr Devi
Dr Rino Rakesh	Dr Kiran
Dr Aparnna	Dr Divya
Dr Nishana	Dr Adithya
Dr Nitha	

A distinguished array of dignitaries and guests bestowed radiance to the conference.

**Dr K. K. Manojan** (Vice Chairman, SGMC & RF), **Dr Chandramohan** (Dean Emeritus (Clinical), SGMC & RF), **Dr Lalitha Kailas** (Principal, SGMC & RF), **Dr Riaz I.**, President Elect 2024, Kerala State IAP and representatives from IAP Thiruvananthapuram, **Dr P. G. Hariprasad** ( President, IAP Thiruvananthapuram ), **Dr Benno Andrew** ( Secretary, IAP Thiruvananthapuram ) graced as patrons for the event. They presided over for the inaugural ceremony of the event. Honourable Vice Chairman released the 10th annual CME souvenirs by handing them over to Dr Swapna K. Pillai, Organising secretary of this CME., following which volunteers distributed the souvenirs to the delegates. Dr Lalitha Kailas welcomed the gathering and Dr K. K. Manojan delivered the inaugural address. Dean, Dr Chandramohan, Dr Riaz I. and Dr Benno Andrew felicitated the occasion. Dr Shaji S. M. was entrusted with the vote of thanks.

To have renowned academicians and clinicians showcase their prolific knowledge and skills was an esteemed privilege indeed.

**SCIENTIFIC PROGRAMME** comprised sessions from excellent faculty. Each session was allowed a maximum of 20 minutes presentation time, succeeded by brief discussions of the same.

Following event registration, the sessions were kick-started by **Dr Naveen Jain** (Senior Consultant Neonatologist, KIMS, Thiruvananthapuram), with his session titled "*Neonatal issues for practising Paediatricians*". This session was chaired by **Dr P. M. C. Nair**, former professor and HOD of Paediatrics and neonatology, SGMC.

**Dr. Shankar V. H.** (Consultant Paediatric Geneticist, Additional Professor, Department of Pediatrics, SAT, GMC, Thiruvananthapuram) followed, with an interesting online session about "*Genetic testing in clinical practice - Untangling the codon*". **Dr Riaz**, Associate Professor Paediatrics and consultant paediatric endocrinologist, Government Medical College Idukki introduced the speaker and chaired the session. **Dr Sreedevi**, former

professor and HOD of paediatrics, Sree Gokulam Medical College, was also in attendance.

With the remnant refreshment of the coffee break, the scientific programme moved on to **Dr Lalitha Kailas** (Principal & Professor of Pediatrics, SGMC & RF) with a session about “*Missed opportunities - Learning from the mistakes*”. The session turned out to be a wake up call to all the clinicians in attendance.

A Case based discussion on the theme: *Ironing out Anemia*, was conducted by **Dr Nita Radhakrishnan** (Consultant Pediatric Hematologist, SSPH & PGTI, Noida). **Dr Saadiq**, HOD of the

Department of Paediatrics, KIMS, Thiruvananthapuram introduced the speaker and chaired the session.

Yet another interesting theme was taken up by **Dr Sangeetha Menon** (Professor & HOD, Department of OBG, GMC, Alappuzha) for her session, with the title “*Parenting - They need your presence rather than presents*”. It was a thought provoking turn indeed. This session was chaired by **Dr Sulekha**, retired professor and HOD of paediatrics SAT hospital and currently consultant in the department of paediatrics, Neyyar Medicity.

“*Behavioural Disorders in children - Sailing through stormy seas*” - this topic was discussed to much appreciation by **Dr T. V. Anilkumar** (Professor & HOD, Department of Psychiatry, GMC, Thiruvananthapuram). **Dr Vijayakumar**, Professor of paediatrics, Sree Mookambika Institute of Medical Science proved instrumental in introducing the speaker and chairing the aforementioned session.

The afternoon session following the lunch break saw the scientific programme resume in full enthusiasm.

**Dr Sheeja Sugunan** (Additional Professor, Department of Pediatrics, SAT, GMC, Trivandrum) aroused curiosity with a session titled “*HPV Vaccine - Little pain, wonderful gains*”. This session was subject to warm reception from the attendees.

The individual presentations culminated in the PANEL DISCUSSION which hovered over the theme:

“*Emergencies in Paediatric medical office practice*”.

**Dr Lalitha Kailas**, (Principal & Professor of Pediatrics, SGMC & RF) served as the moderator for the session.

The Panelists of the discussion were **Dr Bindu G. S.** (Professor & HOD, Department of Pediatrics, SAT, GMC, Trivandrum), **Dr Shanavas** (Professor, Department of Pediatrics, SAT, GMC, Trivandrum), **Dr Sheeja Sugunan** (Additional Professor & Pediatric Intensivist, SAT, GMC, Trivandrum) and **Dr Prameela Joji** (Consultant Pediatric Intensivist, KIMS, Thiruvananthapuram.). This session saw sparks of utmost curiosity fly, and radiance of justification gleam across the audience and panelists alike.

The Scientific programme ended with a brief Valedictory function acknowledging all the guests, panelists and attendees.

The golden feather to it all was indeed the outstanding participation of numerous delegates from across the state and beyond. A total of 100 delegates registered for the conference. The CME had a credit of 2 hours in total. **Dr Arya S. Kumar** and **Dr Gereena Sara Zachariah** did a wonderful job compèring the event.

A collective effort that convened the impeccable inputs from numerous contributors, this CME was the aspiration of the whole Department of Paediatrics at SGMC & RF. Efficient planning and timely execution of the event resulted in this CME being propelled to the distinction of absolute fulfilment. The attendees raved about the sheer perfection with which this medical conference was executed. GOKULAM PEDICON 2024 concluded with the anticipation for bigger ventures in the future from the same collaborators.



PHOTO GALLERY:









