



Medical camp at Nethajipuram residence association Pothencodu on 25-1-2020

A medical camp was arranged at Nethajipuram residence association conducted by the Department of Community Medicine, SGMC&RF on 25-1-2020. There were doctors from Community Medicine (Dr.Vishnu), ENT (Dr. Bibin), Ophthalmology (Dr. Gayathri) and two nursing students from nursing college. The medical camp was from 10:15 am to 1:30 pm. A total of 40 patients attended the camp.



Medical camp at Kottur elephant rehabilitation centre, the tribal settlement on 16-02-2020

A medical camp was arranged at Kottur elephant rehabilitation centre, the tribal settlement on 16-02-2020. There were doctors from Community Medicine, ENT, ophthalmology, and house surgeons. The medical camp was from 10:00 am to 2:00 pm. A total of 60 patients attended the camp.



Medical camp at Thonnakkal residence association on 07-12-2019



A medical camp was organised by Thonnakkal residence association conducted by Department of Community Medicine, SGMC & RF on 7-12-2019, as a part of their 3rd-anniversary celebration. The camp extended from 10 am to 1pm . There were doctors from Community Medicine (Dr. Insam faisal), ENT (Dr. Bibin), Orthopaedics (Dr. Anand), Ophthalmology (Dr. Gayathri). There were also physiotherapist and nursing staff. BP and blood sugar checking was done. A total of 42 patients attended the medical camp on that day. The team was accompanied by MSW Rohith k Divakar.

Medical camp at Snehatheeram charitable society Pattom on 03-03-2019



A medical camp was organised by Snehatheeram society with conducted by Department of Community Medicine, SGMC&RF on 3-3-2019. The camp was from 9 am to 1:30 pm. There were doctors from Community Medicine and house surgeons. The camp was exclusively for the fishermen who were the volunteers worked as rescuers for the people affected by the flood. Around 300 patients attended the camp. The medical camp team was accompanied by MSW Rohith K Divakar.



Medical camp at Manikkod temple

19-02-2020

A medical camp was organised at Manikkod temple. The camp was started from 10:30am to 1:15pm. There were doctors from Community Medicine (Dr. Deena), General Medicine, ENT and two nursing staffs. 50 patients attended the camp. The Manikkod temple committee & SGMC&RF organised the medical camp.



Medical camp at Korani, Attingal

22-02-2020

A medical camp was organised at Korani, Attingal on 22-02-2020. The camp was started from 10:00am to 1:15pm. There were doctors from Community Medicine, General Medicine, ENT, house surgeons and two nursing staffs. Blood pressure and blood glucose testing were done. 60 patients attended the camp.

Medical camp at Manikkod temple

02-03-2019



A medical camp was organised at Manikkod temple as a part of Maha Shivarathri festival. The Manikkod temple committee & Department of Community Medicine, SGMC&RF organised the medical camp. The camp was started from 10:30 am to 1:15 pm. There were doctors from Community Medicine (Dr. Nithya, Dr. Reshmi) and two nursing staffs. 50 patients attended the camp. The team accompanied by MSW Rohith k Divakar.



Medical camp at LENIN memorial Arts club

Vazhycadu on 13-07-2019



A medical camp was organised by Lenin memorial arts club in association with Department of Community Medicine, SGMC&RF on 13-7-2019, as a part of their 5th-anniversary celebration at Vazhycadu. The camp was from 10:30 am to 1:30 pm. There were doctors from Community Medicine (Dr.Jithu, Dr. Shilpa) ENT(Dr. Anju), General Medicine (Dr. Ramiz). There were also a physiotherapist and two nursing staffs. (BP & blood sugar tests were done). The team accompanied by MSW Rohit k Divakar.



Medical camp at Chempoor residence association on 03-08-2019

A medical camp was organised by Chempoor residence association with Department of Community Medicine, SGMC&RF on 3-8-2019, as a part of their 5th-anniversary celebration at Chempoor government school. There were doctors from Community Medicine (Dr. Shilpa), General Medicine (Dr. Ramiz) ENT(Dr.Anju) and two nursing staffs have participated in the camp. A total of 65 patients attended the camp on that day. Free medicines were also provided in the camp. The camp was accompanied by MSW Rohith k Divakar.



Medical camp at Pothencodu migrant workers on 24-04-2019

A medical camp was organised for migrant workers at Pothencodu. Medical camp started at 4 pm till 9 pm. There were doctors from oncology, (Dr. Ansar) Community Medicine (Dr. Nithya & Dr. Deena) and House surgeons, nursing college faculty and nursing students participated in the medical camp. Total of 130 migrant workers participated in the camp. The camp was accompanied by Mr. Hari (nursing college) and MSW Mr. Rohith from Department of Community Medicine.

Outdoor Blood Collection Drives

Dept. of Transfusion Medicine has both indoor and outdoor collection facilities.

Out-reach programme for promotion of Voluntary Blood Donation

Dedicated trained staff personnel for Outdoor drive

Institute vehicle for transport of Staff and required materials

Portable equipment for Donor Hb screening

In the year 2019 Department has conducted 5 outdoor drives at various places.

Sl. no	Date	Venue	Organizer
1	28.03.2019	Heera College of Engineering, Nedumangadu	Kerala Blood Donors Society
2	08.06.2019	Sree Gokulam Medical Centre, Attingal	Mohanlal Fans and welfare Association, Attingal
3	19.09.2019	Govt. Higher Secondary School, Thatathumala	Kerala Blood Donors Society
4	01.10.2019	Janatha Higher Secondary School, Thenpamoodu	Kerala Blood Donors Society
5	28.07.2019	Friends Library Arts and Sports, Manikanteshwaram	Kerala Blood Donors Society



Voluntary Blood Donation Awareness Programme

Motivational and awareness class for students of Janatha Higher Secondary School, Thenpamoodu conducted on 01.10.2019 as part of National Voluntary Blood Donation Day 2019

Motivational and awareness class for students of RKD NSS Higher Secondary School, Sastamangalam conducted on 25.11.2019 as a part of World Aids Day 2019



Medical camp at Malayamadam Residents Association on 03-09-2018, at Kilimanoor

A medical camp was organised by Malayamadam residence association with Department of Community Medicine, SGMC & RF on 3-9-2018. There were doctors from Community Medicine (Dr. Deena), ENT (Dr. Anju), Ophthalmology (Dr. Gayathri), General medicine (Dr. Ramiz) and nursing staff also participated in the camp. A total of 78 patients attended the medical camp on that day. The camp extended from 10 am to 1 pm.



Medical camp at Anchal on 03-07-2018

A medical camp was organised by Channappetta co-operative bank in association with Department of Community Medicine, SGMC&RF on 3-7-2018, as a part of their co-operative bank election. Doctors from Community Medicine, ENT, Ophthalmology, and house surgeons and two staff nurses. A total of 165 patients attended the medical camp. The camp extended from 10 am to 1 pm. The medical team accompanied by MSW Rohith K Divakar.



Flood Relief camp Chenganoor on 22-08-2018

Flood relief camp at Chenganoor by Sree Gokulam Medical College & Research Foundation team. The camp was held at Chenganoor Institution, and 200 people participated in the camp. Most people came with complaints of fever. There were doctors from General Medicine, Community Medicine, ENT, Gastro, Orthopaedics, and nursing staffs. Free medicines and stationery item were distributed to those attended the camp.



Medical camp at Pandalam, a flood relief camp on 20-08-2018

Flood relief camp conducted at Pandalam by Sree Gokulam Medical College & Research Foundation team. Approximately 300 people attended the camp. Most of the people had injuries over the foot and interdigital areas. Free medications were provided in the camp.





Since 2007, Department of Ophthalmology has been actively engaged in the outreach programs - either as a part of the team in the health camps organised by our institution or by organising specific eye camps to screen school children, residential associations and offices. Major highlights are the free vision check-up, screening for glaucoma, cataract and diabetic retinopathy and referral services. Average of 80-100 patients attend these monthly camps. On special occasions like World Diabetes Day, World Sight Day, Glaucoma Week and Eye Donation fortnight, we also conduct health education classes and free eye screening camps.

സൗജന്യ ഗ്ലോക്കോമ നിർണ്ണയ ക്യാമ്പ്
Free Glaucoma screening Camp on

March 10th Thursday:

തിരുവനന്തപുരം ജില്ലയിലെ ആശുപത്രികൾ

1. Chakrabarti Eye Care Centre
2. KIMS Hospital
3. Gitanjali Eye and ENT Hospital
4. NIMS Neyyattinkara
5. Chalthanya Eye Hospital, Karamana
6. Precise Speciality Eye Care
7. Vasam Eye Care Centre, Pattom
8. Divya Prabha Eye Hospital
9. Ahalya Foundation Eye Hospital, Trivandrum
10. Chalthanya Eye Hospital, Kesavadasapuram
11. Aradhana eye Hospitals, Trivandrum.
12. Sreenethra Trivandrum Neyyattinkara & Kattakada
14. Amardeep Eye Hospital, TVM
15. Sree Gokulam Medical College & Research Foundation



"Detect early save your sight"

World Glaucoma Week
March 6-12, 2022

A free glaucoma screening camp for all staff above the age of 40 years was conducted in the Department of Ophthalmology, SGMC&RF under the aegis of KSOS on 10th March 2022 as a part of the World Glaucoma Week, 2022.



