

## Guidelines to First MBBS Students of 2021 Batch on Arrival to Campus

Dear Student,

Welcome to Sree Gokulam medical College & Research Foundation. Congratulations for your success in becoming a part of the noble medical profession. You must be eagerly waiting to begin your classes. We expect you to have some queries in your mind upon arrival, especially in the light of ongoing pandemic. Please read the following information carefully and follow these guidelines upon your arrival.

### GENERAL INSTRUCTIONS

1. You will be report to the college on 14th February 2022 as per the directives of National Medical Commission and the Kerala University of Health Sciences.
2. Proceed to your respective hostels on arrival and complete the hostel admission procedures with the help of hostel managers. If needed, you may contact the hostel wardens (Men's Hostel Warden: Prof. Benny PV, Contact No:9995039374; Ladies' Hostel Warden: Prof. Sheela Vasudevan, Contact No:9895525324).
3. Report to College Administrative Office at 10.00 am as notified earlier.
4. All the newly admitted students along with one of your parents will then proceed to attend the Introduction Program at 11.00 am. Students will assemble in mini-auditorium on 6th floor and parents will assemble in lecture halls 3 and 4 on 5th floor (same floor as College Administrative Office). Please note that only one parent is permitted to attend the function owing to COVID protocol.
5. Following Introduction Program, students will have orientation session, which will continue on 15th and 16th of February 2022.
6. For your batch, the academic coordinator of I MBBS is Dr Assalatha G, Professor & Head of the Department of Physiology.
7. Shortly after your arrival, all the students will be linked through WhatsApp groups. Individual departments will be sending official notifications in these WhatsApp groups.
8. Within a short period, each student will be allotted to a mentor and you can contact your respective mentors regarding any queries.

## COVID PROTOCOL:

- 9a. Students travelling from abroad must ensure that you travel in advance to complete the mandatory quarantine period as per the Government guidelines admissible at the time, so that you can be ready to attend the classes with the rest of the students.
- 9b. If applicable, the students must undergo RTPCR test prior to travel (based on the place from where you begin your travel). Such students should carry the negative report with them and submit a copy of this report to their respective hostel office upon arrival. Students who test positive must avoid travel and follow the instructions given by our Nodal Officer Dr Smitha Kiran (Tele No: 6282402336).
10. Students are requested NOT to travel if you are suffering from respiratory symptoms, such as cough, cold, breathlessness with or without fever.
11. All the students must try and complete COVID vaccination before arrival. Carry the vaccination report when you arrive at the campus.
12. All the students shall wear N-95 masks and face shields (if necessary) during the class hours and carry a hand sanitiser with them. Wearing gloves is optional.
13. All the students shall maintain social distancing at all the times in the campus including in the hostels.
14. All the students must reside in the hostels and remain within the campus. Avoid visitors from outside the campus until further notice owing to the situation with the pandemic and hence, come prepared accordingly.
15. The students are hereby instructed that they should abstain from visiting nearby towns or their homes during the weekends or on any other day. In case of emergency, the student may leave the campus **only after obtaining prior permission from the hostel warden and informing their mentors.**
16. As leaving the campus is restricted, students are instructed to use online shopping or stores within the campus for the necessities.
17. Students shall not gather to consume food at G-cafe or Cilantro. They are however, permitted to carry the food parcels from these cafeterias.

18. Both in men's and ladies' hostels, students are instructed to carry food to their rooms and not use the dining areas for their meals.
19. Students are requested NOT to attend classes or interact with other students if you are suffering from any respiratory symptoms, such as cough, cold, breathlessness with or without fever or any other symptom suggestive of COVID. If so, immediately go to Fever Clinic in the campus to get tested. If negative you may continue to attend the classes. If positive, follow the instructions given by our Nodal Officer, Dr Smitha Kiran.
20. Students should comply with COVID appropriate behaviour at all the times during travel, upon arrival and during their stay in the campus until further notice. For the safety of the fellow students, any student found not adhering to the safety precautions in the campus will be punished, including the levy of fine.

If you have any queries, please send an email to [studentsection@sgmc.edu.in](mailto:studentsection@sgmc.edu.in)

Hope you have a safe travel to the institution and a happy journey in your medical career.

  
Dr Lalitha Kailas  
Principal



Sree Gokulam Medical College & Research Fondation

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