# Sree Gokulam Medical College & Research Foundation Venjaramoodu, Thiruvananthapuram

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Category: General

Content: Student dress code

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#### **Students Dress Code**

### **Statement of Purpose**

Sree Gokulam Medical College and Research Foundation is committed to upholding the principle of professional behaviour and right of freedom.

#### **Policy**

The students shall dress appropriately on the campus as stipulated by the supervisory departments. Although students have freedom to choose their mode of dress, their attire must be appropriate and professional when dealing with patients or when in the college/hospital premises, to increase ones own credibility among patients and peers, to maintain the reputation of the medical college and to uphold the dignity of the profession.

#### **Expected grooming standards:**

Personal Hygiene: Practice daily oral hygiene, daily bathing, and maintain nails clipped short and clean. Nail colours has to be avoided for the safety reasons of the patient and the self. Hair (including facial hair) has to be kept clean and neat. Well groomed facial hair shall be allowed, provided, it does not interfere with the personal protective equipment. Long hair should be braided and put-up. Using appropriate deodorants is optional, but, heavily scented toiletries shall be avoided. Make-up, if used, should be conservative.

Jewellery and piercings: Must be appropriate and professional. Rings on the fingers, bangles and bracelets shall be avoided during dissection and patient care. In addition, wrist watches shall to be avoided during the dissection.

Attire: Clothes should be clean, not revealing and of appropriate length. Pants should be professional.

**Footwear:** Clean and close toed appropriate footwear / shoes shall be used both for personal safety and to project conservative and professional dressing.

White coat: Clean and well pressed white coat shall be worn in all the patient care settings and laboratories. They should be regularly laundered for infection control.

**Scrubs:** Shall be worn in the operation theatre premises and in specific patient care settings when advised by the supervising clinical departments.

## Applies to

All the students of the institution.