



Foundation course (As per the guidelines)

Foundation course shall be conducted at the beginning of the Program to orient the students.

Goal:

The goal of the Foundation Course is to prepare a learner to study Medicine effectively.

Objectives:

The objectives and hence the expected course outcome are:

(i) Orient the learner to:

- a. The medical profession and the physician's role in society
- b. The MBBS programme
- c. Alternate health systems in the country and history of medicine
- d. Medical ethics, attitudes and professionalism
- e. Health care system and its delivery
- f. National health priorities and policies
- g. Universal precautions and vaccinations
- h. Patient safety and biohazard safety
- i. Principles of primary care (general and community-based care)
- j. The academic ambience

(ii) Enable the learner to acquire enhanced skills in:

- a. Language
- b. Interpersonal relationships
- c. Communication
- d. Learning including self-directed learning
- e. Time management
- f. Stress management
- g. Use of information technology

(iii) Train the learner to provide:

- a. First-aid
- b. Basic life support



Sree Gokulam Medical College & Research Foundation

(A Unit of Foundation of Non-Resident Indians)

Approved by National Medical Commission, Affiliated to Kerala University of Health Sciences

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Features of the foundation course:

- a. Foundation course extends for a duration of one month.
- b. Orientation program shall be completed as a single block.
- c. Based on the perceived need, a student can choose to take language or computer classes.
- d. Foundation course shall be organised by a coordinator appointed by the dean and shall be under the supervision of the heads of the pre-clinical departments.
- e. Foundation course is compulsory and an attendance of 75% is mandatory.
- f. Performance in foundation course shall not be counted for the internal assessment.
- g. Feedback for the performance in foundation course shall be documented.