

The following segment elaborates the details of various courses in MBBS Program.

Foundation course

Foundation course shall be conducted at the beginning of the Program to orient the students.

Goal:

The goal of the Foundation Course is to prepare a learner to study Medicine effectively.

Objectives:

The objectives and hence the expected course outcome are:

(i) Orient the learner to:

- a. The medical profession and the physician's role in society
- b. The MBBS programme
- c. Alternate health systems in the country and history of medicine
- d. Medical ethics, attitudes and professionalism
- e. Health care system and its delivery
- f. National health priorities and policies
- g. Universal precautions and vaccinations
- h. Patient safety and biohazard safety
- i. Principles of primary care (general and community-based care)
- j. The academic ambience

(ii) Enable the learner to acquire enhanced skills in:

- a. Language
- b. Interpersonal relationships
- c. Communication
- d. Learning including self-directed learning
- e. Time management
- f. Stress management
- g. Use of information technology

(iii) Train the learner to provide:

- a. First-aid
- b. Basic life support

Features of the foundation course:

- a. Foundation course extends for a duration of one month.
- b. Orientation program shall be completed as a single block.
- c. Based on the perceived need, a student can choose to take language or computer classes.
- d. Foundation course shall be organised by a coordinator appointed by the dean and shall be under the supervision of the heads of the pre-clinical departments.
- e. Foundation course is compulsory and an attendance of 75% is mandatory.
- f. Performance in foundation course shall not be counted for the internal assessment.
- g. Feedback for the performance in foundation course shall be documented.
- h. A total of 175 hours are allotted for the foundation course and the various sub-components are as follows:

Content	Total Teaching Hours
Orientation	30
Skill Modules (Basic Life Support, First Aid, Universal Precautions, Biomedical Waste & Safety Management)	35
Field Visits to Community & Primary Health Centres	8
Professional development including ethics	40
Enhancement of language and computer skills	40
Sports & extra-curricular activities	22
Grand Total	175

Foundation Course Sample Schedule of Sree Gokulam Medical College

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Week I	Forenoon	1. Welcome by Institutional Heads (2h) 2. Vision, mission, rules & regulations of institution (2h)	Role of Doctor in the Society 1. Buzz groups 2. Shadow the physician	1. Student Group Work(2h) 2. History of Medicine (L 1h) 3. History of alternate Systems (1h)	1. Role of IMG, Overview of curriculum (L 2h) 2. Research in Medicine (L 2h)	1. Career Pathways (2h) 2. Interaction with mentors (2h)	1. Principles of Family Practice 2. Orientation to Library	
	Lunch Break							
	Afternoon	Campus Orientation	Role of Doctor in the Society 1.Short Film 2.Reflection	1. National Health Goals & Policies 2. Health care Sports	1. Comm. health 2. Effect of family & social environment Sports	BLS - Video Demonstrateon Sports	ECA Sports	
Week II	Forenoon	A. Comm. Visit B. BLS C. First Aid D. UP & BMW E. Emergency Room	B. Comm. Visit D. BLS D. First Aid E. UP & BMW A. Emergency Room	C. Comm. Visit D. BLS E. First Aid A. UP & BMW B. Emergency Room	D. Comm. Visit E. BLS A. First Aid B. UP & BMW C. Emergency Room	E. Comm. Visit A. BLS B. First Aid C. UP & BMW D. Emergency Room	Second Saturday	
	Lunchbreak							
	Afternoon	Life Threatening emergencies & first aid (Int Lecture) (1h) Group activity (I Aid Kit) (2h)	BMW (Int Lecture) (1h) Reflection waste managment (1h) Sports	Universal Precaution Interactive Lecture (2h) Sports	Documentation Interactive Lecture (2h) Sports	'Do's & 'Don't's of BLS - Feedback Sports		
Week III	Forenoon	Immunisation (Int L 2h) Visit to immunisation clinic (2h)	Concept of professionalism & ethics (2h) Consequences of unethical behaviour (2h)	Compassion & Altruism (1h) Duty & Trust (1h) Honesty & respect (1h) Confidently (1)	Interpersonal relationship (2h) Drug Abuse among learners (2h)	Multidisciplinary teams - (Visit) (3h) Reflection (1h)	Disability: Concept, impact, coping, communication, rights (1x4h)	
	Lunchbreak							
	Afternoon	Videos on basic medical & surgical skills Sports	Case Scenarios of unethical behaviour - Discussion & Reflection	Video Demonstration on Compassion, duty & trust	English / Malayalam / Computer Sports	English / Malayalam / Computer Sports	ECA Sports	
Week IV	Forenoon	Healthcare for disabled (SGD 2h) Social awareness (SDL 2h)	Cultural Competence (2) Basic Comuctn Skills (2h)	Time & Stress Management (2h) Learning in MBBS (2h)	Listening skills & Empathy (2h) Case Scenarios - communication (2h)	Videos on family and professional communication & interaction Reflection (3+1)	Technical Communication - Art of writing research articles (Int Lecture) (4h)	
	Lunchbreak							
	Afternoon	Video on breaking bad news - Terminal illness Reflection	Video on breaking bad news - Organ Donation Reflection	English / Malayalam / Computer Sports	English / Malayalam / Computer Sports	English / Malayalam / Computer Sports	ECA (Fresher's Day) Sports	
Week V	Forenoon	English / Malayalam / Computer	White Coat Ceremony					
	Lunchbreak							
	Afternoon	Video on breaking the bad news - Death Reflection	Feedback of the Foundation Course					